

Yoga Prana Vidya (YPV) healing in the management of dental post-extraction septic complications: A case study of 51 years old female

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Abstract

Background: Dental extractions, particularly of impacted wisdom teeth, can occasionally lead to severe complications such as infection, nerve injury, and septic conditions. Conventional management involves antibiotics, analgesics, and surgical intervention. Complementary therapies like Yoga Prana Vidya (YPV) have been reported to support recovery in complex cases.

Objective: To document and analyse the role of YPV healing in the recovery of a patient with severe post-extraction complications, highlighting integrative approaches to dental care.

Case Presentation: A 51-year-old female, developed infection, swelling, and nerve damage following a wisdom tooth extraction complicated by surgical negligence. Despite antibiotic therapy and surgical revision, her condition worsened, with septic tendencies noted. She discontinued conventional medication due to adverse effects and underwent YPV healing under the Certified YPV Healer. Healing protocols included YPV Psychotherapy L3, YPV L2, Healer Development Program (HDP) Level 1, and stress energy removal, with 38 sessions over 29 days. The patient also practiced YPV sadhana App components including rhythmic yogic breathing daily. Within 3–4 days, swelling and pain subsided, and complete recovery was achieved by one month.

Discussion: This case demonstrates the potential of YPV healing as an adjunctive therapy in managing severe dental complications. The rapid resolution of infection and pain suggests YPV may enhance systemic resilience, reduce stress energy, and accelerate healing. While anecdotal, such cases warrant further clinical research to establish efficacy and mechanisms.

Conclusion: YPV healing contributed significantly to the recovery of a patient with septic complications post-dental extraction. Integrative approaches may offer valuable support in complex medical scenarios.

Keywords: Yoga Prana Vidya System ®, YPV ®, dental extraction complications, septic infection, complementary therapy, case study

Introduction

Dental extractions, especially of impacted wisdom teeth, are common procedures but can occasionally result in severe complications including infection, nerve injury, and septic conditions. Complications from third molar surgery range from common, minor issues to rare, severe injuries. Key complications include alveolar osteitis (dry socket), nerve injuries (inferior alveolar and lingual nerves), haemorrhage, infection, and, rarely, mandible fractures or displacement of teeth into spaces [1–3]. Conventional management relies on antibiotics, analgesics, and surgical revision. However, adverse drug reactions and incomplete resolution may necessitate complementary approaches.

With over 145 published research documents, Yoga Prana Vidya (YPV), an integrated, holistic energy-based healing system, has been increasingly documented for its role in accelerating recovery across diverse medical conditions [4–15].

This paper presents a case study of a 51 years old female, who recovered from severe post-dental extraction complications through YPV healing.

Study Objective

To document the clinical course and outcomes of YPV healing in the management of septic complications following dental extraction, and to explore its potential as an integrative therapeutic modality.

Case Presentation

- **Patient Information:** Female, 51 years, housewife, residing in Mangalore at the time of healing.
- **Pre-YPV Condition:** Wisdom tooth extraction led to nerve damage, infection, swelling, and septic tendencies. Antibiotics and analgesics were ineffective, and adverse drug reactions occurred.
- **Intervention:** YPV healing commenced on 12 December 2012 and continued until 9 January 2013. Protocols included YPV Psychotherapy, YPV Level 2, HDP Level 1, and stress energy removal. A total of 38 sessions were conducted over 29 days, each lasting 30 minutes. The patient practiced YPV sadhana App components including rhythmic yogic breathing multiple times daily.

Outcome

Within 3–4 days, swelling and pain subsided. Complete recovery was achieved within one month. The patient reported significant improvement and expressed gratitude for the intervention.

Discussion

This case highlights the potential of YPV healing in managing severe dental complications where conventional therapy was insufficient. The rapid resolution of infection and pain suggests that YPV may enhance systemic resilience and accelerate healing. Similar reports have

documented YPV's role in managing chronic conditions, infections, and psychosomatic disorders.

Literature shows successful multiple cases of dental abscess which were effectively treated previously using Yoga Prana Vidya Healing protocols [16].

Two key points emerge

- 1. Integrative potential:** YPV may complement conventional dental care, especially in cases complicated by infection and drug intolerance.
- 2. Patient empowerment:** Daily sadhana and rhythmic yogic breathing fostered active patient participation, contributed enhancing recovery.

While anecdotal, such outcomes warrant systematic clinical trials to validate efficacy and mechanisms.

Conclusions

YPV healing contributed significantly to the recovery of a patient with septic complications post-dental extraction. Integrative approaches combining conventional and complementary therapies may offer valuable support in complex medical scenarios. Further research is needed to establish clinical efficacy and mechanisms.

Acknowledgments

The authors acknowledge the patient for sharing her experience and the YPV Healer for providing detailed documentation of the healing process. Our thanks are also to Sri Ramana Trust (Thally-635118, Tamil Nadu) for permission of their copyright terms Yoga Prana Vidya System ®, and YPV ®.

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