

A rare case of acute demyelinating illness in a 11 years old boy treated successfully using Yoga Prana Vidya (YPV) healing protocols

Ritesh Kataria¹, Venkata Satyanarayana Nanduri²

¹ Healer and Trainer, Yoga Prana Vidya, Disa, Gujarat, India

² Consultant, Research & Publications, Yoga Prana Vidya Ashram, Sri Ramana Trust, Thally, Krishnagiri, Tamil Nadu, India

Abstract

Background: Paediatric stroke is a rare but serious neurological condition with significant morbidity. Conventional treatment often involves pharmacological and rehabilitative interventions. Complementary therapies such as Yoga Prana Vidya (YPV) healing—a no-touch, no-drug energy-based modality—have shown promise in accelerating recovery in various clinical contexts, including neurological disorders.

Case Presentation: An 11-year-old male presented with sudden onset of vomiting blood, slurred speech, and altered consciousness. Neuroimaging results suggested demyelination. Standard medical management of symptoms was initiated, but due to no improvement, YPV healing protocols were introduced by a YPV healer upon parental request. The healing sessions included specific energy cleansing techniques, targeted pranic energization, and guided regulated breathing practices.

Intervention: YPV healing was administered twice daily for 3- 1/2 consecutive days, total 7 sessions each of 30 minutes duration, the protocols were customized to address cerebral congestion, energy blockages, and systemic vitality.

Results: Marked clinical improvement was observed within the first 24 hours of YPV intervention. By day 4, the patient regained motor control, speech clarity, and cognitive responsiveness, no vomiting, and he was discharged from hospital. No adverse effects were reported. The patient resumed normal activities thereafter. A follow up after 5 months revealed there was no relapse of any of those symptoms and he was observed to be normal.

Conclusion: This case highlights the potential of YPV healing as a complementary therapy in paediatric stroke recovery. The rapid and sustained improvement suggests that energy-based interventions may support neuroplasticity and systemic healing. Further research through controlled clinical trials is recommended to validate further, and explore the underlying mechanisms.

Keywords: Paediatric stroke, Yoga Prana Vidya System®, YPV®, energy healing, neurorehabilitation, complementary therapy, ischemic stroke, Pranic Healing

Introduction

Case background

A boy aged 11 years and 8 months, suddenly started vomiting blood and admitted in a hospital, and kept for 8 days. But there was no improvement. The doctors told this was brain stroke which commonly happens after 40 years. But in case of kids, it is rare case. Doctor was unable to say how long it might take to cure.

According to the investigations, there was some swelling in brain, and spine. There was thick vomiting, and the tongue was stiff. And he could not speak. There was too much saliva coming out. Oxygen level also was going down.

According to the clinical summary dated 13-02-2025 of the attending doctor of the Hospital, the child was admitted on 07/02/2025 with complaints of vomiting since 10 to 12 days, had 3-4 episodes of blood in vomit the previous day. He had loss of appetite and weight loss, so he was given symptomatic treatment on OPD basis with no relief in symptoms. At admission the child had wheeze. Thus, haemoptysis was suspected. Then started on IV antibiotics (MONOCEF), PAN, EMESET, syrup PARACID and nebulisations with Duolin.

Blood investigations were done, and the results were within normal limits. Fundus examination was done to rule out CNS causes of vomiting. He was ok when kept nil by mouth, but had vomiting even with water.

Gastroenterologist opinion taken and as advised he underwent upper GI Scopy on 10/2/2025, which was

suggestive of erosive esophagitis with antral gastritis. He was started on tablet DOMSTAL MT 10 mg, cough and wheeze treated symptomatically. Again, started on liquids and graded up to solids. Had hiccups and followed by omitting for which INSTARAFT syrup added. Child was ok for few hours post this, but then had 5-6 episodes of vomiting in which 2 were associated with blood. Same treatment was continued. I V Antibiotics have been omitted. Then the child was restricted on solids. Kept on symptomatic treatment. The doctors said they could not do much in this case because it was very unique case. The Doctor suggested to put him on ventilator, and wait and watch. The case was not conclusively resolved in the Hospital. As per the parents' request, the patient was discharged on 14 Feb 2025. (See Annexure 1for discharge summary)

The parents sought another consultation and then an MRI scan of brain and spine was obtained on 15-02-2025. The findings revealed that it was likely a condition of demyelination disease (Annexure 2). The patient was taken to a Neurologist on 17-02-2025 for re-evaluation, which revealed that it was a case of Acute Demyelinating illness (provisionally diagnosed as NMOSD -Neuromyelitis Optica Spectrum Disorder) (See Annexure 3). Thereafter, the patient was taken to another Hospital and admitted on 18-02-2025 hoping for a possible treatment.

At that stage, the boy's parents contacted a Yoga Prana Vidya (YPV) Healer-trainer to resolve his paralytic

condition and other issues while undergoing symptomatic treatments in the Hospital.

Yoga Prana Vidya (YPV) healing intervention

The YPV Healer-trainer started YPV healing intervention on 19 -02- 2025.

The following protocols were used.

1. YPV Psychotherapy
2. Internal organ healing
3. Cleansing the entire brain, spine and upper chakras.
4. Total 7 healing sessions of each 30 minutes duration

Patient progress & response

After one session of healing, the boy showed substantial improvement. By the next day, he became near normal. The attending doctor was delighted to see his improvement, and stated that there was no need to put him on ventilator. The healer gave 6 more healings during the next 3 days.

Summarised result

The patient became absolutely normal in all respects within 3 days, and 7 distance healing sessions. The doctor discharged the boy from the hospital on 26 -02-2025 (after 3 more days), as he could breathe properly, did not get any headache and no more vomiting. He could speak normally and consumed normal food with solids. At Annexure 4 is the discharge summary from this Hospital. At Annexure 5 is the Neurologist's review dated 28 -02-2025.

Follow up

A follow up was done by the YPV Healer-trainer after 5 months (in August 2025) with a call to the boy's father, who confirmed that the boy was completely normal and there was no recurrence of the symptoms like he had before.

Discussion

This study reveals the capabilities of powerful YPV healing sessions in treating neurological disorder of a paediatric patient. In particular it is to be noted that after a single healing session of 30 minutes duration, the patient responded very well and he became nearly normal within 3 days (Total 7 healing sessions). After the next 3 days of healing sessions, the patient was discharged indicating a miraculous recovery.

Yoga Prana Vidya (YPV) Healing as a Complementary and alternative Therapeutic Modality has been evident in the literature with more than 125 published research papers. Yoga Prana Vidya (YPV) is an integrative, no-drug, no-touch energy healing system that combines physical exercises, rhythmic breathing, meditation, and specific energy protocols to balance and vitalize the human energy field. Over the past decade, YPV has been increasingly documented in peer-reviewed literature as a complementary approach for a wide range of physical, psychological, and psychosomatic conditions ^[1].

Clinical case studies and outcome reports demonstrate YPV's role in accelerating recovery, improving quality of life, and reducing dependence on pharmacological interventions ^[2]. Mechanistically, YPV is proposed to work through modulation of the bio-plasmic field around the physical body, influencing physiological processes such as circulation, immune function, and neuroendocrine balance. Its structured protocols—often delivered in-person or

distantly—are tailored to specific ailments, from infections and metabolic disorders to trauma recovery.

In neurological contexts, YPV has shown promising results. A documented case of ischemic brain stroke recovery reported normalization of blood pressure, reversal of paralysis, and MRI confirmation of restored brain function within few days of initiating YPV healing ^[2, 3]. Broader yoga-based literature ^[4, 5] supports the neuro-rehabilitative potential of mind-body practices, citing improvements in neuroplasticity, motor coordination, and cognitive performance in conditions such as Parkinson's disease, multiple sclerosis, and post-stroke syndromes. These effects are attributed to enhanced cerebral blood flow, neurotransmitter modulation, and stress reduction.

Beyond neurology, YPV has been applied in oncology, dermatology, endocrinology, and infectious diseases, often as an adjunct to conventional care ^[6]. Reports include successful management of lymphoma ^[7], cellulitis ^[8], burns ^[9], and psychosomatic disorders ^[10]. Group healing formats and community wellness camps have also been evaluated, showing measurable improvements in physical and psychological well-being ^[11]. Other examples are case studies of metabolic diseases ^[12], acute appendicitis ^[13], and Relationship healing ^[14].

A randomised control trial found significant improvement in wellness of IT professionals when they participated in the YPV online Divine healing session of 22 minutes duration at 10 pm daily for 3 months ^[15].

Conclusions

In conclusion, YPV healing represents a promising, holistic modality with documented benefits across diverse health domains, including neurological rehabilitation. Its integration into clinical practice warrants further rigorous investigation to establish its role in evidence-based complementary medicine.

There is a need for more randomized controlled trials with standardized protocols to validate efficacy, explore healing protocol-response relationships, and elucidate underlying mechanisms. Integrating YPV into multidisciplinary care could offer a cost-effective, low-risk complement to mainstream medicine, particularly in resource-limited settings.

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Conflicts of interest

There are no conflicts of interest

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