

# Yoga Prana Vidya System

## Book 9

# Fever and Headache Case Studies



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## Objective

This book provides Fever and Headache case studies documented in years 2013 - 2019. The case studies with supporting documentation have been placed in the beginning of each Chapter of the book followed by other cases.

## INDEX

<b>Chapter No.</b>	<b>Chapter Name</b>
Chapter 1	Fever Case Studies
Chapter 2	Headache Case Studies

# Chapter 1

## Fever

### Case Studies



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## TABLE OF CONTENTS

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
1	YPVS/F-V/ 2016/045	Malaria, high temperature, body ache, severe headache, nausea	10Sessions	Completely healed	01
2	YPVS/F-V/ 2017/037	Vomiting, fever, extreme weakness	1 session	Completely healed	06
3	YPVS/F-D/ 2016/034	suffering from dengue	3session	no symptoms of dengue	08
4	YPVS/F-V/ /2016/046	severe back ache, viral fever, unconsciousness	3sessions	Completely healed	10
5	YPVS/F-V/ /2017/024	Fever, itching, swelling in hands and legs	5Session	Fever reduced, swelling reduced	12
6	YPVS/F_D/ 2014/027	Dengue	8sessions	Platelets increased	15
7	YPVS/F-D/ 2017/024a	Dengue	8sessions	After 6 session platelets raised	21
8	YPVS/F-D/ 2017/025	Dengue	5Session	Complete recovery	28
9	YPVS/F-D/ 2018/026	Dengue	8sessions	Platelet increased	34
10	YPVS/F-D/ 2018/029	Dengue, urea level increased	10Sessions	Platelet count increased, healed	39
11	YPVS/F-T/ 2015/003	Continuous fever, typhoid	30Sessions	100% cured	48
12	YPVS/F-CG/ /2016/003	Fever (105 Degree) suspected Chikungunya, severe body pain	3Days	temperature became normal on second day only	55
13	YPVS/F-CG/ 2016/004	High fever with joint pains, Chikungunya	5Days	Fever healed; joints pain reduced by 70%	57
14	YPVS/F-CG/ 2016/005	Fever (105 Degree) suspected Chikungunya, severe body pain	7 Days	temperature became normal on second day only	59
15	YPVS/F-CG/ 2016/02	Fever with joint pain	5session	60% recovered, no fever, no pain during walking, swelling subsided	61

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
16	YPVS/F-CG/ 2017/001	Chikungunya, backache, weakness	20sessions	85% healed	63
17	YPVS/F-CG/ 2018/006	Chikungunya, Knee joint pain, all joint pain	10Days	Feeling good, pain reduced, can walk properly	66
18	YPVS/F-CH/ 2014/004	Chicken pox, fever	10Days	Recovered fast	69
19	YPVS/F-CH/ 2016/002	chickenpox	10Days	100% healed, marks also gone	71
20	YPVS/F-CH/ 2017/001	Chicken pox, fever, body pain	7Session	Reduction in body pain and fever	74
21	YPVS/F-D/ 2013/007	Dengue (platelets=90000/ cumm (04/08/2013))	10Days	(platelets=1.0 lakhs/ cumm (04/08/2013)) and (platelets=1.9lakhs/ cumm (07/08/2013)) just after one healing platelets increased and felt lighter	77
22	YPVS/F-D/ 2015/005	High fever with Rashes (Dengue)	5Days	90% Better	84
23	YPVS/F-D/ 2015/015	Dengue (platelets=95,000 to 45,000)	8Days	After two healings fever reduced, platelet count increased	86
24	YPVS/F-D/ 2015/028	Fever, Dengue	14sessions	Platelet count increased	88
25	YPVS/F-D/ 2016/0001	Dengue	4 sessions	After 2 sessions, platelet count improved. He recovered completely in 3 days	92
26	YPVS/F-D/ /2016/003	Dengue Fever (has got 2nd PU examination)	5Days	Could write 2nd PUC exams and Temperature reduced	94
27	YPVS/F-D/ 2016/004	Dengue, Typhoid (platelet=1.77 lakhs/mu (19-sep- 2016))	25 Days	Healed completely (platelet=2.4lakhs/mu(23- sep-2016))	96
28	YPVS/F-D/ 2016/006	Dengue (platelets=71,000 (13/09/2016))	3Days	Platelets=196000/microliter (17/09/2016)	103
29	YPVS/F- D/2016/019	Dengue (platelet=1.71lakh/ cumm (11/10/16))	10Days	platelets=2,89,000/ c.mm (17/10/2018))	107

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
30	YPVS/F-D/2016/020	fever with platelet count decreased	5Days	After one healing weakness reduced and felt better	119
31	YPVS/F-D/2016/021	Dengue (platelet=94,000(19-8-2016)), fever with chills, headache, nausea	3Days	Platelet=105000 (20-8-2016), feeling strength in the body	121
32	YPVS/F-D/2016/033	suffering from dengue	6Sessions	fully recovered	129
33	YPVS/F-D/2017/008	Dengue, viral Arthritis	5Days	Fever Healed, joint pains reduced	131
34	YPVS/F-D/2017/009	Dengue, viral Arthritis	5Days	Fever Healed, joint pains reduced	133
35	YPVS/F-D/2017/010	Dengue	5Days	After second day healing fever reduced, platelet count increased	135
36	YPVS/F-D/2017/011	Dengue, vomiting, Headache	5Days	No Fever, health improved	137
37	YPVS/F-D/2017/012	Dengue	10Days	Fever reduced, vomiting healed	139
38	YPVS/F-D/2017/013	Dengue, vomiting, body pain (platelet = $11 \times 10^3 / \text{mm}^3$ (01-sept-2017))	6sessions in 2Days	Body pain completely healed, vomiting stopped (platelet= $35 \times 10^3 \text{mm}^3$ (02-sept-2017))	141
39	YPVS/F-D/2017/014	Dengue, vomiting, not able to sit	10Days	Completely healed	145
40	YPVS/F-D/2017/016	Dengue, severe headache (Platelet = 35000 cu.mm (18/09/17) 8.14Am)	20Days	After first day healing fever reduced, platelet =53,000 (18/9/17) 5.53PM), 61,000 cu.mm, 1,03,000 cu.mm, 1,64,000 cu.mm, 2,39,000 cu.mm on 19th, 20th, 21st, 22nd sept respectively	147
41	YPVS/F-D/2017/022	Dengue (platelet=0.95 lakhs/cu.mm)	15Days	platelet=2.10 lakhs/cu.mm	157
42	YPVS/F-D/2017/023	Dengue, Typhoid	21Days	Platelet count increased overnight and fever subsided in two days	161



<b>Sl. No.</b>	<b>Case Number</b>	<b>Subject Condition</b>	<b>No. of Days/ No. of Sessions</b>	<b>Result</b>	<b>Page No.</b>
43	YPVS/F-D/ 2017/024	Dengue	10Sessions	No body pain, no rashes, overall symptoms are not seen	166
44	YPVS/F-D/ 2018/002	Dengue Fever, exhaustion (platelet=1.09 lakhs/ cumm 12-03-18)		Fever Healed, platelet= 1.12Lakhs/ cumm (17-3-18)	169
45	YPVS/F-D/ 2018/030	Dengue	10Sessions	Completely healed	174
46	YPVS/F-T/ 2015/004	Sudden raise in temperature	8sessions	No more fever	179
47	YPVS/F-T/ 2015/03	Continuous fever	30Sessions (15days)	healed fully	181
48	YPVS/F-T/ 2017/001	Typhoid	10Sessions	Symptoms almost gone, no fever	188
49	YPVS/F-T/ 2017/002	Typhoid, Headache, body pain	10Days	Recovered well	191
50	YPVS/F-T/ 2019/005	Typhoid	15Days	Feeling well, healed	194
51	YPVS/F-V/ 2013/039	Cellulitis	5Session	75% better	200
52	YPVS/F-V/ 2014/012	Fever, allergy in food pipe, Anaemia	10Days	Healed completely	203
53	YPVS/F-V/ 2015/007	Fever	2Days	Fever healed	205
54	YPVS/F-V/ 2015/010	Fever, severe and unbearable stomach pain	3Days	Fever healed	207
55	YPVS/F-V/ 2015/017	High fever, body pain	5Days	Fever reduced fully in first healing only	210
56	YPVS/F-V/ 2015/023	Fever, cold, loose motion	7Days	Healed	212
57	YPVS/F-V/ 2015/037(A)	Fever since a week, repeated twice	3Sessions	100% healed	215
58	YPVS/F-V/ 2015/039	Body pain, cold, fever-104degree	5Days	completely healed	217

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
59	YPVS/F-V/2016/008	Fever, Herpes zesters (20days), severe pain and discomfort	6Days	Fever reduced; Pain reduced	219
60	YPVS/F-V/2016/009	High fever not coming down with medication	3Days	No fever at the end of 3rd day	222
61	YPVS/F-V/2016/013	Fever (104 degree)	6-8days	After one healing temperature reduced to 100 degree and drastically reduced	224
62	YPVS/F-V/2016/019	Fever, heaviness in head area	2Days	Fever, headache reduced after one healing	228
63	YPVS/F-V/2016/020	Fever, Giddiness, Back ache	2Days	100% better	231
64	YPVS/F-V/2016/021	Fever, skin rashes, anxiety	5Days	Rashes healed; fever reduced	233
65	YPVS/F-V/2016/027	knee replacement, frequent UTI, fever	20sessions	Fever reduced in 2nd session only, pain reduced, could walk	235
66	YPVS/F-V/2016/030	Fever with body ache	2Days	Body ache gone by 99%	237
67	YPVS/F-V/2016/038	High Fever, not able to do official work	1Session	Completely healed, condition did not reoccur	239
68	YPVS/F-V/2016/041	Fever, itching in eyes	5Session	no itching in eyes, no fever	242
69	YPVS/F-V/2017/0001	Viral Fever	10 sessions	Completely Healed	244
70	YPVS/F-V/2017/002	Cold, cough, viral fever	4 sessions	In 2 session 80% improvement. After 4 session 90% improvement	246
71	YPVS/F-V/2017/005	Fever	6 sessions	90% recovered.	248
72	YPVS/F-V/2017/011	Red rashes, Fever	2Days	Rashes completely healed; fever reduced	250
73	YPVS/F-V/2017/014	Fever (from 3days), vomiting, disturbed sleep	3Days	Fever completely reduced	252

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
74	YPVS/F-V/ 2017/018	Fever WBC=27,000	3Days	WBC=11400 (27/02/17) fever has reduced child is active	254
75	YPVS/F-V/ 2017/039	Fever, throat pain	2Session	Completely healed	258
76	YPVS/F-V/ 2017/040	Fever, throat infection	2Days	Got heled completely	260
77	YPVS/F-V/ 2017/042	Fever, cough, cold	3Sessions	No fever, no cough	262
78	YPVS/F-V/ 2017/044	Fever	3Sessions	no fever	264
79	YPVS/F-V/ 2018/003	Fever	5 Sessions	In 4 sessions, could start eating food and could give exam. After 5 sessions, fever fully recovered. Other symptoms 90% relieved.	266
80	YPVS/F-V/ 2018/004	Fever, weakness	9 sessions	Weakness disappeared after 5 sessions. Fever reduced after 9 sessions	268
81	YPVS/F-V/ 2018/006	Fever with joint pain	5Days	Fever healed; joints pain reduced by 60%	270
82	YPVS/F-V/ 2018/015	Fever, Headache	2Days	Fever and headache completely reduced	272
83	YPVS/F-V/ 2018/016	High fever, skin rashes	2Days	Fever reduced, Rashes and redness noticeably reduced	274
84	YPVS/F-V/ 2018/020	Fever, chill, cold, cough	4Days	Completely healed from cold cough fever, voice became normal	277
85	YPVS/F- V/2018/025	Fever Temperature 103 degree	3Days	Temperature became normal	279
86	YPVS/F- V/2018/026	Fever 105degree	4session	Became normal	282
87	YPVS/F- V/2018/028	Fever	1 Session	Healed completely	284
88	YPVS/F- V/2018/031	Fever	4Sessions	Completely healed	286
89	YPVS/F- V/2018/032	Fever	3Session	No Fever, no body pain	288

<b>Sl. No.</b>	<b>Case Number</b>	<b>Subject Condition</b>	<b>No. of Days/ No. of Sessions</b>	<b>Result</b>	<b>Page No.</b>
<b>90</b>	YPVS/F-V/2018/033	Fever, vomiting	4Sessions	No Fever, no body pain	290
<b>91</b>	YPVS/F-V/2018/034	Fever, body pain	2Sessions	No body pain, temperature came to normal	292
<b>92</b>	YPVS/F-V/2018/035	fever, tiredness	5Session	Fever reduced without antibiotics	294
<b>93</b>	YPVS/F-V/2018/043	Fever, throat pain, mouth ulcer	3Sessions	After 2 session fever and mouth ulcer goy healed	296
<b>94</b>	YPVS/F-V/2019/022	Vomiting, Fever, headache, stomach ache	1Day	completely healed	298
<b>95</b>	YPVS/F-V/2019/036	Viral fever, headache, weakness	7Session	completely healed	300
<b>96</b>	YPVS/F-D/2016/017	After Dengue was cured still platelet count was less	Multiple healings	After multiple healings platelet count increased	302

# Chapter 2

## Headache

### Case Studies



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## TABLE OF CONTENTS

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
1	YPVS/HA-MI/ 2017/009	Migraine, stress, fear, improper sleep	5Days	proper sleep, no stress, headache reduced	01
2	YPVS/HA-MI/ 2018/020	Ankle pain, migraine	6sessions	No headache, no ankle pain	03
3	YPVS/HA/ 2016/002	cluster headaches on the left side. Twice got hospitalized. Headache duration about 2 hours	10 sessions	completely pain free, no symptoms persist, completely off pain killer	06
4	YPVS/HA-MI/ 2019/017	Migraine, headache	18sessiion	Healed	08
5	YPVS/HA-MI/ 2018/016	Migraine	65session	Migraine attack reduced; pain much better	10
6	YPVS/HA-MI/ 2017/018	Migraine	26session	Completely healed	12
7	YPVS/HA-MI/ 2017/015	Migraine	1Session	90% healed	15
8	YPVS/HA-MI/ 2017/014	Migraine, Acidity	10Days	No Headaches, acidity healed	18
9	YPVS/HA-MI/ 2017/012	Migraine	2Days	No headache	21
10	YPVS/HA-MI/ 2017/010	Migraine Headache, stress, improper sleep, eye pain during headache	15Days	Patient has reduced the symptoms	23
11	YPVS/HA-MI/ 2016/022	Migraine, mental stress	25sessions	Migraine attack reduced	28
12	YPVS/HA-MI/ 2016/019	Migraine	40Session	Healed from migraine	30
13	YPVS/HA-MI/ 2016/007	Migraine	5Days	Headache hasn't occurred	33
14	YPVS/HA-MI/ 2016/006	Migraine	3Days	100% relief	35
15	YPVS/HA-MI/ 2016/005	Migraine, finger joint pain	5Days	Joint pain reduced completely,80-90% migraine headache reduced	37

<b>Sl. No.</b>	<b>Case Number</b>	<b>Subject Condition</b>	<b>No. of Days/ No. of Sessions</b>	<b>Result</b>	<b>Page No.</b>
16	YPVS/HA-MI/ 2015/013	Migraine attack frequently, Uric acid (2.2mg/dl) and calcium(7.8mg/dl) not in range (19/Aug./2013	1month	migraine attack reduced, Uric acid (4.16mg/dl) and calcium(9.12mg/dl) not in range(10/oct/2015)	39
17	YPVS/HA-MI/ 2015/011	Migraine everyday	2Days	After one healing Patient has not got headache for one month	43
18	YPVS/HA-MI/ 2014/008	Migraine	2Days	Free from headache	45
19	YPVS/HA-MI/ 2014/004	migraine in the last 20 years	3 sessions	free from pain	47
20	YPVS/HA-MI/ 2014/003	migraine, stress	3 sessions	relieved of headache	49
21	YPVS/HA/ 2019/029	Headache	24sessions	Headache gone	51
22	YPVS/HA/ 2019/028	Severe headache	4session	90% improvement	54
23	YPVS/HA/ 2018/025	Severe headache	2Days	completely healed	56
24	YPVS/HA/ 2018/018	Sleeplessness, stress, tension, right side nose block,	2Days	Heaviness in head reduced	58
25	YPVS/HA/ 2018/003	Severe Headache	1Day	Completely healed	60
26	YPVS/HA/ 2017/020	Headache, tired, unable to concentrate and feeling sad	1Day	Headache complete healed	62
27	YPVS/HA/ 2017/019	Headache since 3years	10Days	Completely healed	64
28	YPVS/HA/ 2017/013	Headache, pain in both eyes, body ache, heaviness of head	5Days	90% relief from all symptoms	66
29	YPVS/HA/ 2017/008	Headache, sleeplessness	13Days	90% headache reduced	68
30	YPVS/HA/ 2017/006	Sinusitis, Allergy, Pimples, Stress	34Days	Headache reduced by 80% and other symptoms also reduced	70
31	YPVS/HA/ 2017/005	Heaviness, Headache	11Days	Completely healed	72

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
32	YPVS/HA/2016/14	Headache, forehead swelling	1Session	90% healed	75
33	YPVS/HA/2016/027	Depressed, headache, feeling low	5session	complete relief	76
34	YPVS/HA/2016/024	Severe headache, vertigo, severe depression, nausea, lymphoma	2months	95% better in all symptoms, headache reduced completely	78
35	YPVS/HA/2016/023	Headache	2Days	After first healing 70%reduction in headache and completely healed on the next day	80
36	YPVS/HA/2016/021	Headache, tiredness, vomiting sensation	1Day	relived from headache and vomiting sensation after 20 min of healing	82
37	YPVS/HA/2016/016	Severe Headache	1Day	After 3hours of healing headache completely healed	84
38	YPVS/HA/2016/015	Severe headache after journey	1Day	After two hours of healing felt very good and calm	87
39	YPVS/HA/2016/014	Severe Headache, forehead had slight swelling	1Day	90% headache reduced, 80% swelling reduced	89
40	YPVS/HA/2016/011	Headache, fever, cold, cough	3days	complete relief from all symptoms	90
41	YPVS/HA/2016/010	Severe Headache	1Day	within 30min 60% headache reduced	92
42	YPVS/HA/2016/009	Headache	1day	90% headache reduced	94
43	YPVS/HA/2016/007	Giddiness, Infection, fear	3Days	Heaviness reduced to 75%, giddiness completely healed	96
44	YPVS/HA/2016/004	Headache	2Days	70% healed	98
45	YPVS/HA/2015/022	Headache, eye pain, sleeplessness, reading difficulty	5Days	completely healed from all symptoms	100
46	YPVS/HA/2014/031	Neck pain, headache, BP 210/100	15Sessions	BP reduced 140/90, no neck pains no headache	102
47	YPVS/HA/2014/012	Severe Headache	5Days	No headache	106