

# Yoga Prana Vidya System

## Book 7

# Respiratory System Case Studies



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## Objective

This book provides various Respiratory System case studies that were documented in years 2009, 2011 - 2019. The cases with supporting documentation have been placed in the beginning of the book followed by other cases.

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2	YPVS/R-B/ 2009/108	having severe wheezing, not able to lie down, weakness	3days	after first healing, was able to lie down and sleep, wheezing gone; at the end of third healing, completely healed and was able to travel	3
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9	YPVS/R-A/ 2016/017	asthma, breathing problem, congestion	45days	great relief, not taking inhaler	19
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11	YPVS/R-A/ 2017/007	asthma, cough, problem in breathing	10days	feeling 100% better	24
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17	YPVS/R-B/2015/042	throat infection, not able to talk	4days	voice cleared; throat infection completely healed	39
18	YPVS/R-B/2015/043	fever, stomach ache, cold and cough	5days	completely healed	41
19	YPVS/R-B/2015/049	breathing difficulty, general weakness	5 sessions	100% relief	43
20	YPVS/R-B/2015/093	throat pain, tonsillitis	4days	throat and tonsil pain completely gone	45
21	YPVS/R-B/2015/094	throat pain, sore throat, cough	3days	no coughing, throat soreness completely cured	47
22	YPVS/R-B/2015/095	tonsillitis, bad breath, disturbed sleep	5days	tonsillitis cleared by 100%, condition improved by 80%	49
23	YPVS/R-B/2016/016	High fever, chills, cold, cough, headache, burning sensation in both eyes	3 days	No fever and recovered of other symptoms	51
24	YPVS/R-B/2016/022	Fever, Cough and body ache	3 days	60% relieved instantly in first healing; later in 2 days within 2 healings completely healed	53
25	YPVS/R-B/2016/034	Extra growth inside the nose, difficulty in breathing	10 days	after 1st healing, patient was able to breathe easily. No difficulty in breathing when patient when for trip to Himalayas	55
26	YPVS/R-B/2016/039	breathlessness, back pain	15days	breathing improved completely without back pain	58
27	YPVS/R-B/2016/045	suffering from asthma, always having cold	30days	asthma problem relieved	62

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42	YPVS/R- PN/ 2016/004	pneumonia,	20 session	in 10-15 sessions, both ICDs were removed, became alright in 15 sessions.	94

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67	YPVS/R-B/ 2012/075	Wheezing, high eosinophil count	21sessions	Healed, eosinophil count reduced, physical stamina gradually increased	161
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100	YPVS/R-B/2017/017	Fever, cold, cough	6 days	Completely relieved	246
101	YPVS/R-B/2017/018	Fever, cold, cough	5 days	Completely relieved	248
102	YPVS/R-B/2017/019	High fever 102 degree, cold, cough	1 session	Temperature came down to normal	250
103	YPVS/R-B/2017/020	Throat infection, fever, chest congestion	1 session	No fever, good relief from throat infection and chest congestion after few hours	252
104	YPVS/R-B/2017/021	Severe cold, cough and fever	1 session	No fever, cold and cough reduced	254
105	YPVS/R-B/2017/047	throat pain, headache, pain in throat, tonsil, near eye brow, forehead, neck, shoulder	8 sessions	no throat pain and heaviness	256
108	YPVS/R-B/2017/057	urination problem, cough, asthma, allergy	9days	95% improvement	262
109	YPVS/R-B/2017/067	head ache, cough	2 sessions	completely healed	265

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111	YPVS/R-B/2017/070	Wheezing	5Session	Breathing became normal, cough stopped	269
112	YPVS/R-B/2017/071	Breathing problem	4sessions	Breathing normally	271
113	YPVS/R-B/2017/073	admitted in ICU, low pulse, breathing difficulty, doctor asked to wait for 48 hrs for any updates	3Sessions	Fast recovery	273
114	YPVS/R-B/2017/076	Breathing problem	10Sessions	Breathing has balanced	275
115	YPVS/R-B/2017/098	allergy, trouble in breathing, laziness, feeling feverish	35days	breathing problem reduced, immunity improved	277
116	YPVS/R-B/2017/099	cold, cough, fever	2Sessions	No fever, no cold	279
117	YPVS/R-B/2017/101	Cold, cough, running nose, stomach pain	15Sessions	in 4th session only cold cough completely healed	281
121	YPVS/R-B/2017/103	Body pain, feverish feeling, little cold and cough	4sessions	completely normal	283
122	YPVS/R-B/2018/005	Throat pain, unable to swallow	6 sessions	80% relieved from throat pain swelling	286
123	YPVS/R-B/2018/006	Cold, cough	6 sessions	70% relieved	288
124	YPVS/R-B/2018/025	Severe cold, dust allergy, joint pain, shoulder pain	5 days	80% better	290
125	YPVS/R-B/2018/028	Body pain, sinus and cough	5 days	cough reduced by 80%, sinus reduced to 60%, body pain reduced by 70%	292
126	YPVS/R-B/2018/029	Fever, cold, cough	4 days	100% relief, no fever	294
127	YPVS/R-B/2018/030	Severe cold with running nose and mild cough	3 days	cold cough reduced by 80% without medication, running nose healed by 100%	296
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130	YPVS/R-B/2018/036	high fever and throat infection, not able have food	3sessions	completely healed	304
131	YPVS/R-B/2018/040	breathlessness, bronchitis, pulmonary thrombi embolism detected, leakage in heart valves	10 sessions	x-ray showed improvement, breathlessness improved	305
132	YPVS/R-B/2018/050	allergy, sneezing	10days	no sneezing, able to study, concentration increased	307
133	YPVS/R-B/2018/062	Heaviness in centre of chest during cold	1 session	50% reduced	309
134	YPVS/R-B/2018/063	Cold, cough and throat irritation	1 session	50% healed	311
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137	YPVS/R-B/2018/088	emphysema, taking inhaler from 10 years	34 sessions	stopped inhaler	317
138	YPVS/R-B/2018/089	persistent cold and cough, chest congestion	5days	runny nose stopped	319
139	YPVS/R-B/2018/090	cold, cough	6days	90% relief in cough and cold	321
140	YPVS/R-B/2018/100	throat pain, fever, irritation in throat	4 sessions	completely healed	323
141	YPVS/R-B/2019/109	lungs filled with water	1 month	fully relieved	325
143	YPVS/R-PN/2017/003	Pneumonia	15 days	90% recovered	330
145	YPVS/R-SI/2014/001	Pain in ears, sinus, pain in legs	7Days	Sinus cleared, ear pain leg pain completely gone, legs are feeling strong, can able to stand strong without any strain	332

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<b>149</b>	YPVS/R-SI/2016/004	maxillary and ethmoid sinusitis, severe head ache	3 sessions	head ache healed, cough reduced	345
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