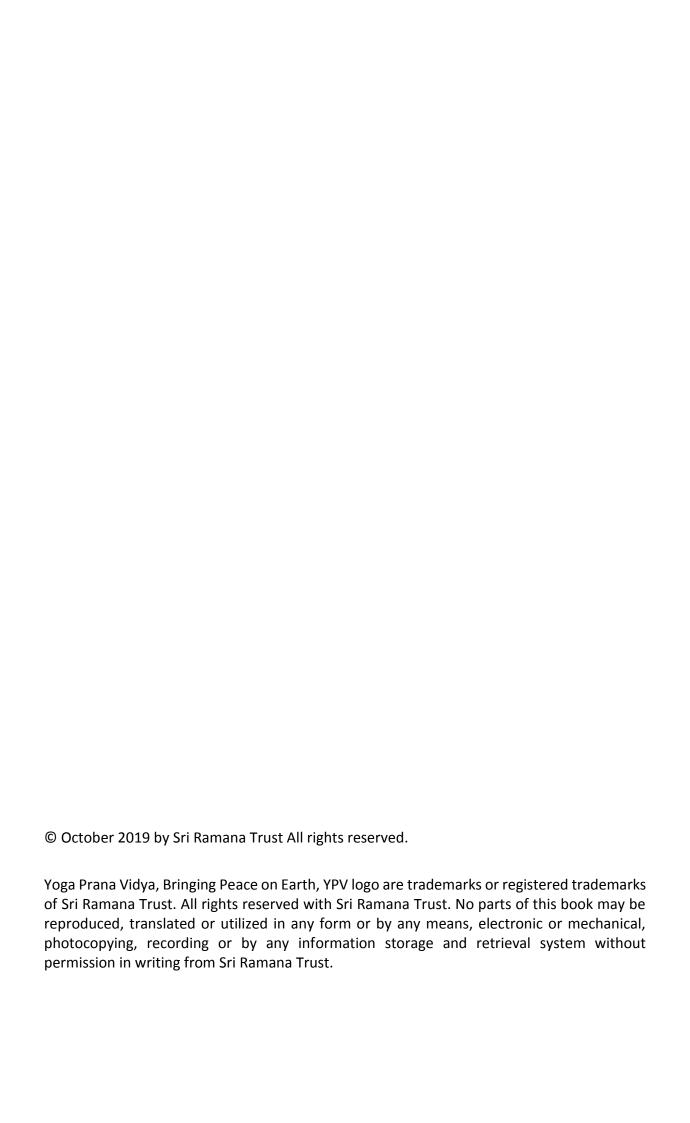
# Yoga Prana Vidya System Book 5 Nervous System, Eyes, Ears, Nose and Dental Case Studies





#### Objective

This book provides case studies of Nervous System, Eyes, Ears, Nose and Dental documented in years 2012 - 2019. The case studies with supporting documentation have been placed in the beginning of each Chapter of the book followed by other cases.

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# Nervous System Case Studies



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| 1          | YPVS/NS/<br>2018/011a      | Bell's palsy  | 10Sessions                         | Face became normal  | 01          |
| 2          | YPVS/NS/<br>2014/004       | Severe Sciatica   | 12Days                             | complete recovery   | 05          |
| 3          | YPVS/NS-<br>P/<br>2012/003 | Parkinson   | 2 months                           | 90% showering reduced, feeling strength in hands  | 07          |
| 4          | YPVS/NS/<br>2013/08-M      | Meningitis, admitted in hospital with sudden shock  | 35Sessions or more                 | completely recovered from meringues   | 09          |
| 5          | YPVS/NS/<br>2014/009       | Left side head injury,<br>memory loss, urinary<br>bladder operated, not<br>able to walk, depression | 30Days                             | Fully healed, recalled memory   | 11          |
| 6          | YPVS/NS-<br>P/2018/002     | PARKINSON   | multiple<br>sessions               | leg pain reduced  | 18          |
| 7          | YPVS/NS/<br>2016/005       | Multiple Sclerosis  | 3Months                            | Blood clots in brain<br>dissolved, significant<br>recovery  | 20          |
| 8          | YPVS/NS/<br>2015/007       | Bell's palsy, Mild ear infection with pain and fever, WBC=17,000                                    | 10Days                             | Infection gone<br>completely, 100%<br>healed with Bell's<br>palsy, Platelet count<br>normal                           | 24          |
| 9          | YPVS/NS/<br>2015/010       | Memory loss (not able<br>to remember family<br>members and how many<br>children she had)            | 5Days                              | in 3rd healing recognized family members, by last healing patient was normal and calm, could identify family members. | 27          |
| 10         | YPVS/NS/<br>2015/012       | Subarachnoid<br>haemorrhage, doctor<br>said only 20% chances<br>of survival                         | 40Days                             | operation was<br>successful, now<br>perfectly alright and<br>working in office  | 29          |
| 11         | YPVS/NS/<br>2015/013       | Sciatica left leg, stress   | 10Days                             | Fully healed  | 35          |
| 12         | YPVS/NS/<br>2016/004       | Epilepsy  | multiple<br>session                | out of medicine   | 38          |
| 13         | YPVS/NS/<br>2016/006       | Bell's palsy  | 40Sessions                         | Completely healed   | 46          |

| Sl.<br>No. | Case<br>Number              | Subject Condition   | No. of Days/ No. of Sessions | Result  | Page<br>No. |
|------------|-----------------------------|---|------------------------------|---|-------------|
| 14         | YPVS/NS/<br>2016/008        | Memory loss,<br>Involuntary jaw<br>movement, Disoriented<br>Ness, physical<br>weakness  |                              | Physical strength regained completely; memory much better   | 48          |
| 15         | YPVS/NS/<br>2016/009        | Sciatica pain left side   | 5<br>Session                 | All symptoms healed   | 52          |
| 16         | YPVS/NS/<br>2016/010        | Stroke  | 5<br>Session                 | With support able to walk few steps   | 54          |
| 17         | YPVS/NS/<br>2016/011        | Brain stroke, High BP,<br>Diabetes  | Few<br>months                | could move his hands and feet properly in few months, after healing bowel movements improved, sugar level and BP maintained within limits | 56          |
| 18         | YPVS/NS/<br>2017/005        | Sciatica  | 5Days                        | 90% improved  | 60          |
| 19         | YPVS/NS/<br>2018/001        | Loss of smell since 1-<br>year, high BP   | 2Days                        | Could smell petrol, smoke when vehicle passed   | 63          |
| 20         | YPVS/NS/<br>2018/002        | Sciatica nerve pain, numbness   | 5Days                        | 50% relief  | 67          |
| 21         | YPVS/NS/<br>2019/008        | Coma state  | 8sessions                    | first day after healing<br>came out of danger, came<br>out of coma healed   | 69          |
| 22         | YPVS/NS-<br>AL/<br>2016/005 | Alzheimer's   | 20<br>Sessions               | Feeling good  | 73          |
| 23         | YPVS/NS-<br>C/<br>2017/0001 | Coma  | 30 days                      | After one healing came out of coma, in one month recovered completely   | 73          |
| 24         | YPVS/NS/<br>2015/006        | Shaking of head when feels stressed   | 5<br>Session                 | shaking of neck<br>completely reduced, pain<br>reduced  | 77          |
| 25         | YPVS/NS-<br>E/ 2015/001     | epilepsy once in 3 months;  | 5<br>sessions                | calm, normal pulse rate;<br>relieved of stress. Became<br>healer herself and doing<br>self-healing  | 79          |
| 26         | YPVS/NS/<br>2015/012        | GB syndrome;<br>immune system<br>attacks nerves. Slight<br>paralysed down waist;<br>can't walk properly.<br>Slight paralysed wrists | 13<br>sessions               | 50% improvement; can hold pencil  | 83          |

# **Eyes**Case Studies



| Sl.<br>No. | Case<br>Number          | Subject Condition  | No. of Days/<br>No. of<br>Sessions | Result   | Page<br>No. |
|------------|-------------------------|--|------------------------------------|--|-------------|
| 1          | YPVS/EY/<br>2015/013(a) | Myopia   | 25Session                          | 50% improvement  | 01          |
| 2          | YPVS/EY/<br>2016/014    | Eye sight, eye ball shaking continuously   | 10Sessions                         | Eye sight improved   | 05          |
| 3          | YPVS/EY/<br>2018/002    | itching,<br>uncontrollable tears   | 3Sessions                          | Completely relived from all symptoms   | 11          |
| 4          | YPVS/EY/<br>2018/016(a) | Glaucoma   | 15Sessions                         | Completely cured   | 14          |
| 5          | YPVS/EY/<br>2018/015(a) | Eye problem  | 12Sessions                         | Reduction of power   | 21          |
| 6          | YPVS/EY/<br>2019/012    | Injury on left eye<br>cornea, blurred<br>vision, pain                                  | 6 sessions                         | completely healed  | 25          |
| 7          | YPVS/EY/<br>2016/003    | short sightedness  | 10 sessions                        | eye sight improved. Stopped using spectacles                                     | 31          |
| 8          | YPVS/EY/<br>2016/005    | eye sight problem,<br>floaters in eyes   | 5Session                           | Floaters are not there,<br>100% clear with eye<br>sight                          | 34          |
| 9          | YPVS/EY/<br>2016/006    | both short and long<br>sight   | 7 sessions                         | After 4 sessions, no blurriness in vision. After 7 session, could even drive car | 36          |
| 10         | YPVS/EY/<br>2016/017    | Left eye was squint due to diabetic  | 12Sessions                         | Completely healed  | 38          |
| 11         | YPVS/EY/<br>2017/007    | eye pain   | 6 sessions                         | Complete relief  | 40          |
| 12         | YPVS/EY/<br>2017/008    | swelling near eyes   | 2 sessions                         | Completely reduced   | 42          |
| 13         | YPVS/EY/<br>2017/013    | left eye wound. Not able to open the eye. Continuous tears                             | 6 sessions                         | 90% improvement  | 44          |
| 14         | YPVS/EY/<br>2014/021    | Eye sight problem  | 10Sessions                         | Able to read without glasses   | 48          |
| 15         | YPVS/EY/<br>2017/023    | Vision problem   | 21Session                          | Vision improved  | 23          |
| 16         | YPVS/EY/<br>2018/011    | Refractive error   | 10Sessions                         | Vision improved  | 56          |
| 17         | YPVS/EY/<br>2014/015b   | Nerve palsy because<br>of diabetic, no co-<br>ordination between<br>left and right eye | 10+sessions                        | eye ball is moving<br>towards right, vision is<br>better                         | 63          |

| Sl.<br>No. | Case<br>Number          | Subject Condition   | No. of Days/<br>No. of<br>Sessions | Result   | Page<br>No. |
|------------|-------------------------|---|------------------------------------|--|-------------|
| 18         | YPVS/EY/<br>2015/010    | Myopia, redness,<br>itchiness. Size of the<br>right eyeball not<br>normal | 12 sessions                        | eye sight improved.<br>Right Eyeball size<br>also normalized                     | 65          |
| 19         | YPVS/EY/<br>2016/014(a) | Eyes retinopathy (diabetic)   | 5Session                           | eyes became better, could read and write   | 67          |
| 20         | YPVS/EY/<br>2016/018    | Eye redness and itching   | 5Session                           | Healed to a great extent   | 70          |
| 21         | YPVS/EY/<br>2016/022    | Severe pain, inability to sleep   | 10Sessions                         | Headache along with eyes got completely reduced                                  | 72          |
| 22         | YPVS/EY/<br>2017/0001   | Irritation, pain, swelling in eye   | 18 sessions                        | no irritation and pain<br>in 10 sessions,<br>completely healed in<br>15 sessions | 75          |
| 23         | YPVS/EY/<br>2017/004    | conjunctivitis of the right eye   | 5 sessions                         | redness reduced by<br>70% in 5 days, 80%<br>pain and pricking<br>sensation       | 80          |
| 24         | YPVS/EY/<br>2017/014    | Conjunctivitis, irritation  | 4session                           | No sign of infection   | 82          |
| 25         | YPVS/EY/<br>2017/015    | Short sight   | 7Session                           | Able to recognize tiny letters, 50% improvement                                  | 86          |
| 26         | YPVS/EY/<br>2016/016    | cyst in right eye, red spot in eye  | 10 Session                         | Red spot cleared   | 90          |
| 27         | YPVS/EY/<br>2018/003a   | Irritation, redness in eyes   | 3Sessions                          | 100% recovered   | 92          |
| 28         | YPVS/EY/<br>2018/009    | Eye pressure issue, burning sensation                                     | 5 sessions                         | Eye pressure reduced and burning sensation completely relieved                   | 95          |
| 29         | YPVS/EY/<br>2018/019    | Left eye ball couldn't move, double vision                                | 10Sessions                         | After 3rd session vision was normal  | 97          |
| 30         | YPVS/EY/<br>2019/011a   | Eye problem, nerves damage  | 30Sessions                         | 30-40% improvement   | 101         |
| 31         | YPVS/EY/<br>2017/017a   | vision problem from<br>past one year (short<br>sight)                     | 21Session                          | Vision has improved a lot  | 104         |

# **Ears**Case Studies



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| 1          | YPVS/EA<br>/2016/008 | Vertigo, severe leg pain  | 45session                          | 100% recovered  | 01          |
| 2          | YPVS/EA/<br>2016/018 | Ear pain, left jaw<br>pain  | 4session                           | total recovery  | 04          |
| 3          | YPVS/EA/<br>2017/20  | Tinnitus  | 10sessions                         | 80-90% noise reduced  | 06          |
| 4          | YPVS/EA/<br>2018/010 | Condition of exostosis  | 35sessions                         | operation avoided,<br>no exostosis  | 09          |
| 5          | YPVS/EA/<br>2012/022 | Sudden loss of hearing in the left ear, 50% loss                                  | 5sessions                          | Almost reduced  | 17          |
| 6          | YPVS/EA/<br>2014/005 | Boil behind ears and in head  | 3Days                              | on 4th day blood and<br>pus came out and got<br>completely healed                               | 19          |
| 7          | YPVS/EA/<br>2014/011 | Nerve deafness, noise in ear, BP  | 30sessions                         | Pain reduced; lot better  | 21          |
| 8          | YPVS/EA/<br>2015/006 | Less hearing, pain  | 5Session                           | Pain reduced and hearing improved   | 23          |
| 9          | YPVS/EA/<br>2015/015 | Bell's palsy, right ear<br>affected due to severe<br>infection, acute ear<br>pain | 10Session                          | 90% healed  | 25          |
| 10         | YPVS/EA/<br>2016/007 | imbalance, vertigo<br>(mainly from left ear<br>everyday)                          | 15Days                             | 80% better  | 27          |
| 11         | YPVS/EA/<br>2016/009 | Ear infection, pain   | 10session                          | No pain   | 30          |
| 12         | YPVS/EA/<br>2016/017 | Polyp in left ear. Infection in left ear, bleeding, itching                       | 13 sessions                        | relief in itching, no<br>bleeding. Polyp<br>reduced by 50%.<br>Still doctor advised<br>surgery. | 32          |
| 13         | YPVS/EA/<br>2017/001 | severe Ear pain with noise in ear   | 5Days                              | Pain and noise in ear completely reduced  | 35          |
| 14         | YPVS/EA/<br>2017/002 | severe Ear pain with noise in ear   | 3Days                              | 100% better in pain and no noise  | 38          |
| 15         | YPVS/EA/<br>2017/003 | Both ear pain   | 3Days                              | 80% pain reduced  | 42          |

| Sl.<br>No. | Case<br>Number       | <b>Subject Condition</b>   | No. of<br>Days/ No.<br>of<br>Sessions | Result  | Page<br>No. |
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| 16         | YPVS/EA/<br>2017/012 | Vertigo, insomnia  | 5Session                              | no vertigo, good sleep for<br>4 hours   | 44          |
| 17         | YPVS/EA/<br>2017/013 | Ear infection,<br>blocked ear, not<br>able to hear sound<br>beyond 2mt | 5Session                              | Able to hear from3-4mt, improved  | 47          |
| 18         | YPVS/EA/<br>2017/21  | Vertigo, neck pain   | 5sessions                             | Pain reduced by 80%   | 49          |
| 19         | YPVS/EA/<br>2018/004 | Ear pain, knee pain, hand pain   | 5Days                                 | ear pain reduced by 70%,<br>knee pain and hand pain<br>reduced by 90% and 80%<br>respectively   | 52          |
| 20         | YPVS/EA/<br>2018/014 | Ear block, nose block  | 1session                              | Relived from condition  | 54          |
| 21         | YPVS/EA/<br>2018/016 | Hearing loss more than 80%   | 5sessions                             | Without hearing aid could<br>hear at a distance of 15<br>feet from left ear and<br>could hear from distance<br>of 1.5 feet from right ear | 56          |

# Dental and Nose Case Studies



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| 1          | YPVS/DE/<br>2016/003  | Underwent teeth surgery, severe tooth ache   | 5Days  | 100% healed  | 01          |
| 2          | YPVS/DE/<br>2018/007  | Toothache  | 1Session                                       | completely healed, slept nicely  | 03          |
| 3          | YPVS/DE/<br>2018/010  | Tooth decay, pain, swelling, infection   | 10Sessions                                     | 100% healed  | 05          |
| 4          | YPVS/DE/<br>2019/008  | Swelling and pain in<br>right upper mouth area<br>after removal of wisdom<br>tooth                           | 7session                                       | 100% healed  | 11          |
| 5          | YPVS/N/<br>2018/001   | Nose injury, swelling and pain   | 6 sessions                                     | Relived from pain and swelling   | 13          |
| 6          | YPVS/DE/<br>2012/011  | After wisdom tooth<br>removal, severe pain,<br>infection, numbness,<br>swelling on left side of<br>the cheek | 90Session<br>(30 days)                         | 70 to 80% reduced  | 17          |
| 7          | YPVS/DE/<br>2012/012  | Pain in gums and jaw, high fever   | 10Sessions                                     | Completely healed  | 20          |
| 8          | YPVS/DE/<br>2013/006  | wisdom tooth removal, infection  | 5session                                       | Relived from pain and infection  | 23          |
| 9          | YPVS/DE/<br>2015/001  | Gum infection resulted in bone loss(operated)  | 6Days  | Pain is not there, could take food   | 25          |
| 10         | YPVS/DE/<br>2015/002  | Teeth alignment is not proper  | 5Days  | 70% improvement  | 28          |
| 11         | YPVS/DE/<br>2015/004  | Severe tooth ache,<br>healing for before and<br>after surgery  | 8Days (3days<br>before and 5<br>after surgery) | before surgery pain<br>reduced, after<br>surgery recovered<br>fast and was able to<br>eat. | 30          |
| 12         | YPVS/DE/<br>2015/013a | Right and left side tooth ache   | 6session                                       | no pain, 100%<br>healed  | 33          |
| 13         | YPVS/DE/<br>2017/005  | Wisdom tooth removal   | 5Days  | Pain reduced 100% improved   | 35          |
| 14         | YPVS/DE/<br>2017/013  | Tooth pain, felt difficult to eat  | 2Session                                       | Pain reduced, able to eat  | 37          |
| 15         | YPVS/DE/<br>2018/012  | Tooth bleeding, eczema   | 1Session                                       | Bleeding in tooth<br>reduced, eczema<br>reduced, skin looks<br>better                      | 39          |

| Sl.<br>No. | Case<br>Number       | Subject<br>Condition                | No. of Days/<br>No. of Sessions | Result   | Page<br>No. |
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| 16         | YPVS/DE/<br>2019/009 | Dental problem                      | 30Session                       | completely healed                              | 42          |
| 17         | YPVS/N/<br>2013/002  | Snoring along with uneasy breathing | 3Sessions                       | throat pain and irritation reduced, no snoring | 45          |
| 18         | YPVS/N/<br>2014/003  | Wound in nose                       | 3Days                           | wound was gone<br>almost                       | 47          |